



# West End Monthly

West End Community Centre

Volume 11



## Independent evaluation report

Hi everybody. Wonderful news!!!!

Our independent evaluation report is back! During the evaluation many of you said that you would like to see the results of the evaluation and what it said about the centre. Below is the summary of the project. The full report is available in the reception area for anyone to read. If you can't find it or need help to read it just talk to a member of staff or a volunteer and we will be pleased to help.

### Summary of the project:

The Open Door Community Project does what it says on the tin! It has an open door policy and is a very inclusive centre working with people with a range of issues around their health and wellbeing and disability, covering a wide age range and providing a good representation of the ethnic and cultural mix in the local community. They also successfully manage to have a good gender and age split which is difficult for a centre to achieve.

They have a comprehensive induction process for the beneficiaries which also measures base line information and enables the Centre to provide a tailor

made programme of activities. This is backed up with well established policies, processes and systems and monitoring mechanisms which work well for the organisation and their beneficiaries, and ensure they can successfully measure the impact of the service delivery.

Although the centre doesn't offer accredited courses it has definitely developed a supportive learning environment in which people "dare to try", and the courses that have been developed offer a good stepping stone to enable people with low skills to develop and move on into further accredited training.

### Outcomes

They are well on target to achieve or over achieve all the outcomes established in the Open Door Community Project bid and can already evidence greater outcomes than those identified with 27 beneficiaries progressing within the centre to become volunteers for the centre (9.5%) of those accessing provision. The only area that is currently not achieving its target is that "People will report a reduction in stress and anxiety experienced as a result of unemployment and the required job search activities associated it. Measuring this impact is an

area that the organisation is currently working on and they hope to be able to achieve the set target by the end of the project.

The project has produced some additional hard outcomes in the form of 27 unemployed people moving from the project into employment.

Once again we would like to thank you all for your input, you made it a fantastic day and we have really enjoyed reading your comments. We have used some of them in this newsletter. The centre just wouldn't be able to have the impact it has without your enthusiasm and commitment.

Thanks also to Helen Rhodes who produced the report and organised a very enjoyable day.

*"Someone told me about the centre at the bus stop, and I'm glad they did!"*

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## West End Monthly

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### Centre Information update and summer closure dates

*“Twelve months ago  
i didn't know any-  
one, now its like i  
have a family”*

I understand that some of us are still waiting for summer to arrive but we are already galloping towards Christmas (sorry) and we would like to make sure that everyone's contact details are still relevant. This is so that we can let people know if we have to cancel anything due to bad weather or if there's an emergency.

Recently I attempted to get in touch with someone I was very concerned about and

tried to phone three of the persons friends. Would you believe it, every number was out of date!

So if you have changed your address or phone number in the past 12 months please let us know. There is a box in reception where you can update your details, or if you prefer, talk to a member of staff. We promise not to pass your personal information on to any other agency or person without your permission.

We also need to remind you that the Centre will be closed for the first two weeks of August for our summer shutdown. We will close on Friday 29<sup>th</sup> of July and reopen on Monday the 15<sup>th</sup> of August.

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### Fare Share

*“There is something  
for everyone— no one  
is turned away.”*

We would like to thank Tesco's in Great Horton for all their donations of food through Fare Share.

Fare Share is charity that seeks to change people's lives by saving good food destined for waste and send it to charities and community groups who transform it into nutritious meals for vulnerable people.

If you're in IT why not look

up their web site and see what great work they do. You can find them on [www.fareshareyorkshire.org](http://www.fareshareyorkshire.org)

We have received quite a lot of bread and pastries but once it becomes established we should also receive other products like fruit and vegetables. So if you're in the centre look out for the tasty light lunches being served in our informal internet café on Mondays, Tuesdays and

Thursdays. I particularly like the Serrano ham toasts we had on Spanish day and the French bread pizzas. Fran's Croissant bread and butter pudding got rave reviews. You don't have to be in a group to take advantage of sharing a quick bite to eat with friends, just pop in- we are always pleased to see you.

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### History in and out joins up with back in the day for a trip

*“I have had a new  
lease of life and now  
have company”*

Our two history groups, History in and out (Thursdays at 9.30) and Back in the day (Thursdays 1.30) are teaming up for a group trip to the Industrial Museum in Bradford. The group will be able to see some of the past history of Bradford. Everyone is welcome to join us meet us at the Centre at 12.30 on Thursday the 28th of July. Bring your buspass or busfare. Entrance to the museum is free but donations are welcome.



## NCS–Young people working to support their communities

Hello! We are NCS and this week we are working with the West End Centre to improve their facilities at their local allotment so it is a lot more welcoming and more accessible for the community. Many young people work to improve their local areas and give back to communities they live in/have grown up in. We are working as a team to build a compost toilet on the allotment to make it easier to spend time there. By adding a compost toilet the waste can be recycled into fertilizer to help grow the plants. The aim of our project is to reduce social isolation so people aren't spending too much time alone. It also pushes the idea of healthy living and eating, it may also increase confidence in some people due to them meeting new people and making new friends. We look forward to this project and hope you love the outcome.

The guys from NCS will be raising money for their project using My Donate,

yes we are moving with the times and have set up an online giving platform! If you would like to donate to the project, or the West End Centre generally visit:

<https://mydonate.bt.com/charities/westendcentre>



Now we have this My Donate page set up we have been thinking of ideas to raise money to support the work we do at the Centre. The best so far has been a sponsored sleep in the Church! What do you think? Do you have any ideas of what we could be sponsored to do, let us know— we are not afraid to look silly and will consider anything!!!!



## Star of the month

### Star of the month..

This month's star is John Heaton. John is nominated by all of us for coming such a long way over the last 18 months. He has lost several stones in weight, improved his confidence, completed a group facilitators course so that he can support others, discovered a love of poetry, volunteered on our allotment

and will hopefully be in employment in the next couple of weeks.

Well done John we are so proud of how far you have come from that shy bloke who walked into the centre only 18 months ago!!



Strangers are friends you are yet to meet

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Find us on:  
**facebook®**

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## Birthdays in July

Many happy returns to the following who celebrate their birthdays in July:

Steven Boland

Robina Kauser

Graham Keeling

Abida Mushtaq

Terence Smith

Diane Wood

We hope you all have great Birthdays.

